

GOALS

- * Have Fun
- * Build a Team Concept
- * Learn Offensive and Defensive Fundamentals
- * Improve Conditioning
- * Build a Championship Attitude



WHAT DO YOU NEED?

- * Football Cleats (if you have them)
- * Tennis Shoes (incase of rain)
- * Shorts or Sweats
- * T-Shirt
- * A Good Attitude
- * Appropriate Attire for the Weather
- * Wear Sun-Block

ENVIRONMENT

- * Fun Filled
- * Hands-on Learning
- * No Contact
- * Positive, Enthusiastic, Caring Coaches

Registration Cost - \$30.00
\$20.00 each additional family member.

We appreciate receiving your registration by June 9th. However, you can register at any point, and walk-up registration will be available. Those registered by June 9th will be guaranteed their t-shirt size.

Camp scholarships are available for those in need. Contact Coach Phillips for more information.

- * **Refunds will only be given if the camper misses the entire camp, and a request is submitted in writing within one week of the camp date.**

For more information:

**Call Coach Phillips at
829-3841**

AREAS OF INSTRUCTIONS

Quarterbacks

Throwing mechanics, footwork, and ball handling.

Running Backs

Ball carrying, faking, and receiving.

Offensive Lineman

Drive blocking, pass blocking, and other key fundamentals.

Wide Receivers

Stance, releases, patterns, blocking, and catching.

Defensive Back

Pass and run support techniques.

Linebackers

Stance, keys, and agility.

Defensive Lineman

Stance, reaction, reading, pressure, pursuit, and pass rush.

